



The Path Forward

for mental health and substance use

Health Equity for all Americans

The Path Forward for Mental Health & Substance Use | 2020 Milliman Report

Commission to Study Mental and Behavioral Health in Maryland

October 6, 2020



RESET Regions and Coalitions

California – Pacific Business Group on Health and Silicon Valley Employers Forum

Florida – Florida Alliance for Healthcare Value

Kansas – Kansas Business Group on Health

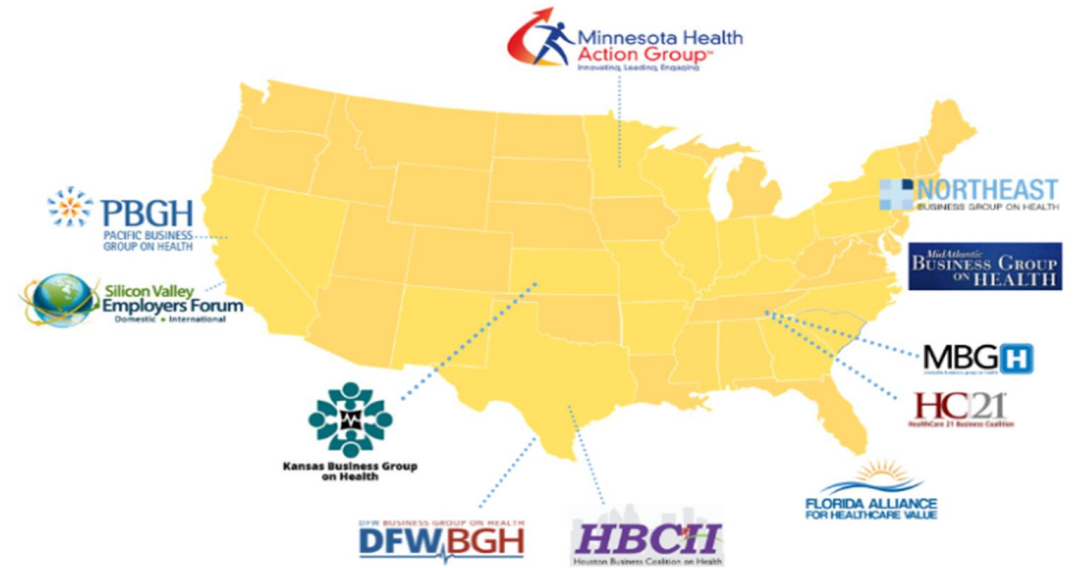
Maryland, DC and Northern VA – MidAtlantic Business Group on Health

Minnesota – Minnesota Health Action Group

NYC metro area including northern NJ and southern CT – Northeast Business Group on Health

Tennessee – Memphis Business Group on Health and HealthCare 21 Business Coalition

Texas – DFW Business Group on Health and Houston Business Coalition on Health



Headquarters: D.C. based team leading more than 30 employer/union coalitions across the country

Member employers and unions sponsor over [45] million Americans

The 11 coalitions in “RESET regions” represent over 30 million Americans

Milliman High-cost Study published August 2020

A Milliman High-cost Study commissioned by The Path Forward of 21 million lives nationally, published in August 2020 shows:

- Of the total population, **the *most expensive 10%*** of patients *accounted for 70% of annual total healthcare costs*;
- A majority of the top 10% (57%) - **5.7% of the total population** - had both **behavioral and physical** health conditions - and accounted for **44% of the annual total healthcare costs** of the total population; and
- **50% of this 5.7% (high-cost behavioral patients)** had **less than \$95 per year** of total spending for **behavioral health (BH) treatment**.

See The Path Forward Press Release with link to study: <https://www.globenewswire.com/news-release/2020/08/13/2078017/0/en/Study-Reveals-Individuals-with-Behavioral-Health-Conditions-in-Addition-to-Physical-Conditions-Drive-High-Total-Healthcare-Costs-Small-Portion-Spent-on-Behavioral-Treatment-Vast-Ma.html>

The PATH FORWARD Five-Year Plan

Network
Access

Measurement-
based Care

Collaborative
Care

MH Parity
Compliance

Tele-behavioral
Health

NATIONAL STEERING COMMITTEE

National Alliance of Healthcare Purchaser Coalitions
HR Policy Association and American Health Policy Institute
American Psychiatric Association
APA Center for Workplace Mental Health
Bowman Family Foundation
Meadows Mental Health Policy Institute



National Technical Resource Team

Education to National Stakeholders
(Consultants, Industry Groups)

Advise and Support Coalitions

Website /Tools/Speakers Bureau



Eight RESET Regions Multi-Stakeholder Change Initiative

Establish Regional Baseline

Foster Stakeholder Plan

Project Management/ Problem Resolution



30 Non-RESET Coalitions Purchaser Engagement Initiative

Educate consultants /employers

Enlist Purchaser "Sign-On" to Initiative

Execute 10 Universal Action Steps

RESET

Regional
Employer
Stakeholder
Engagement
Team

BEHAVIORAL HEALTH SUPPLY CHAIN

Benefits Consultants



Employers/Plan Sponsors



Health Plans/TPAs
PBMs



Health Systems
Primary Care
BH Specialists

HR Policy Association and American Health Policy Institute

HR Policy Association is the lead public policy organization of chief human resource officers *representing the largest Fortune 500 employers (over 375 members)* doing business in the United States and globally.

The Association brings these executives together not simply to discuss how human resource practices and policies should be improved, but also to create a vision for successful HR strategies and pursue initiatives that promote job growth, employment security and competitiveness.



The Association of Chief Human Resource Officers

AMERICAN
HEALTH
POLICY
INSTITUTE



Leading Business Groups and Behavioral Health Organizations Supporting The Path Forward's Priorities & Recommendations

Leading Business Groups

- HR Policy Association and The American Health Policy Institute
- National Alliance of Healthcare Purchaser Coalitions
- Dallas-Fort Worth Business Group on Health
- Florida Alliance for Healthcare Value
- Houston Business Coalition on Health
- Kansas Business Group on Health
- MidAtlantic Business Group on Health
- Minnesota Health Action Group
- Pacific Business Group on Health

Behavioral Health Organizations

- American Psychiatric Association
- American Psychiatric Association Foundation Center for Workplace Mental Health
- American Psychological Association

- Baylor Scott & White Health
- The Bowman Family Foundation
- Columbia University Department of Psychiatry
- The Kennedy Forum
- Massachusetts General Hospital Department of Psychiatry
- Meadows Mental Health Policy Institute
- Mental Health Association of Maryland
- National Action Alliance for Suicide Prevention
- National Alliance on Mental Illness
- National Association for Behavioral Healthcare
- National Association of Addiction Treatment Providers
- National Council for Behavioral Health
- One Mind and One Mind at Work
- Shatterproof



See The Path Forward Press Release on High-cost Study:

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